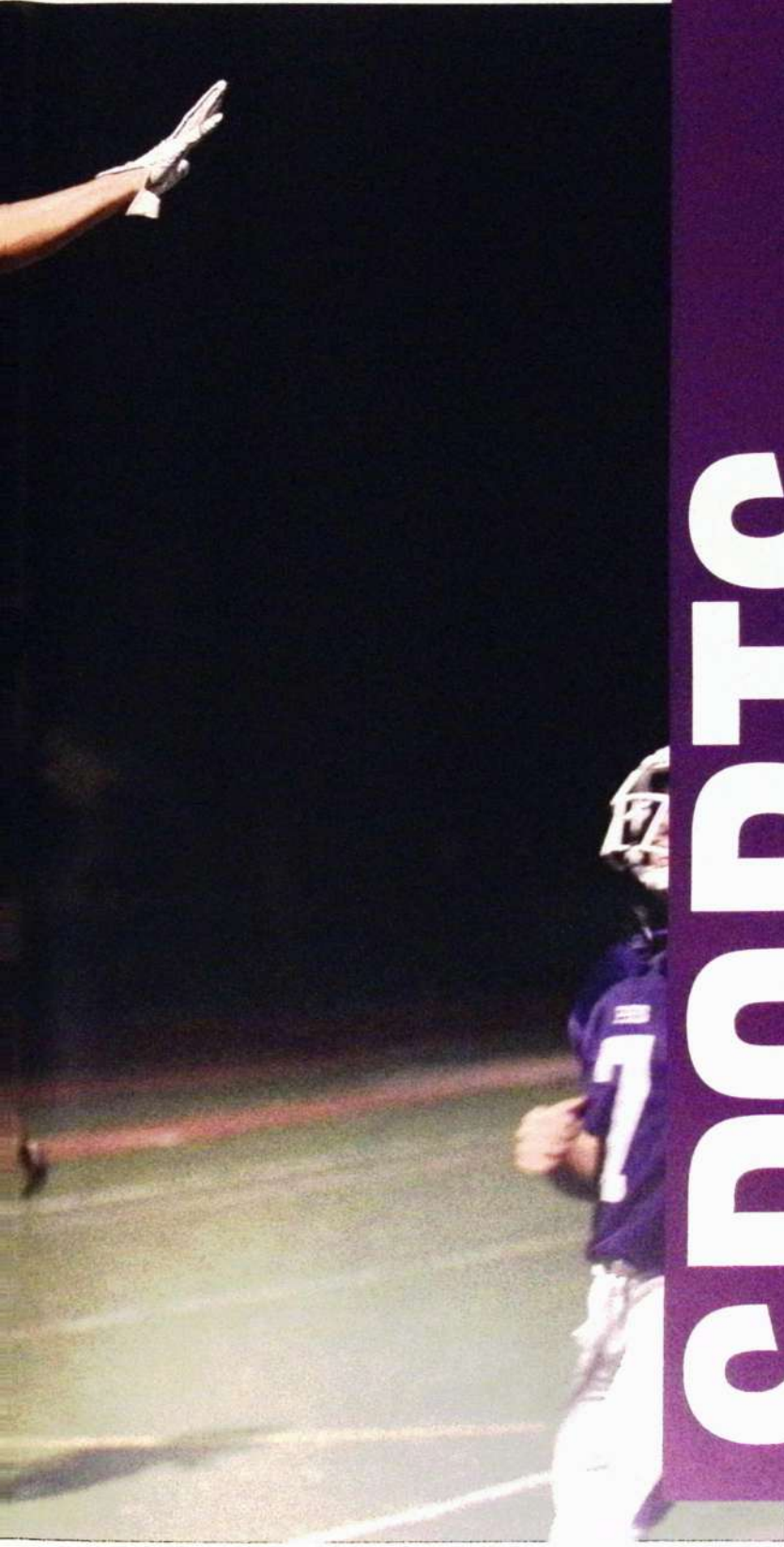




With help from teammate **Andy Melian** (11), **Alex Hilton** (11) rises in celebration, after his touchdown catch against Salesian on Sept. 13.



SPORTS

AUG to DEC



On the Lowell Invitational course on Sept. 7, varsity runner **Rowen Connolly** (11) finishes with a time of 16:58 at a pace of 6:03 per mile. Connolly placed 120th out of 240 runners in the Division 4 Varsity Boys race.



At the final hill of the 2.93 mile Lowell Invitational course, **Jack Zirkelbach-Ngai** (9) climbs to a time of 17:14. "It can be challenging right at the start because I didn't feel like running, and then everybody started running," Zirkelbach-Ngai said.



On Sept. 14, JV runner **Quincy Munyan** (10) settles into his pace at around mile one of the Viking Invitational 2 mile course. Munyan ran a time of 13:34 and placed 25th out of 64 runners in the Open Boys A race.



On the Viking Invitational Course, varsity runner **Edward Marcus** (11) rounds the bend at the end of the final hill to sprint to the finish, ending with a time of 12:01 and placing 51st out of 104 in the Junior Boys race.



Golden Gait



Triumph Over Lincoln

On Saturday, Sept. 21 the Varsity Football team defeated Lincoln High with a final score of 17-14.

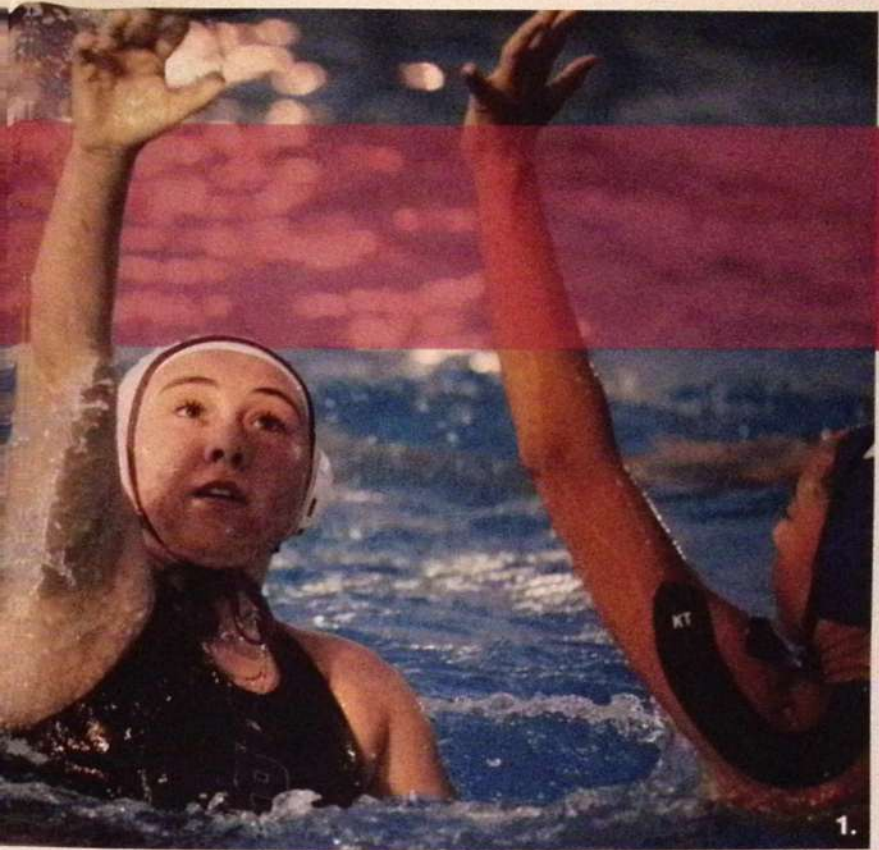
1. In the third quarter **Ben Marshburn** (11) goes in for a tackle to preserve Piedmont's lead. The close win boosted the team to a 3-2 record.

2. After a handoff from Col Barna (11), running back **Brian Cain** (11) gains ten yards toward a touchdown. "During the game, I was hurting but I knew we didn't have a game the next week and my team needed me to perform at a high level," Cain said.

3. "Nobody expected us to win, but we knew we could. It just proved we could do anything when we put our minds to it."

- **Paul Pappas** (12)





Splash Season

On Oct. 30, at the West Alameda County League tournament, Girls Varsity Water Polo battled Encinal High School in a 10-6 loss. The Highlanders took third place in the tournament after a 8-5 win against Berkeley. **1.** "For the last couple of years we've been losing to Encinal by 20 points or more. This year we only lost by four, which is pretty incredible to see. Because many of us have been practicing together for so long, our team has functioned better than ever before. Our team is much more bonded this year than the previous years. Both the girls and boys teams support each other in such a unique way. Our team has such a positive mindset, making each individual closer, which is why my favorite part about water polo is definitely the team," **Erin Quick** (12) said. **2.** Against the Jets, freshman **Rosie Feldman** (9) played as the attacker. "I have a pretty strong shot and I know when and where to be in order to score. Being a freshman on varsity was really fun because I got to play with my sister who's a senior, and with people who were older than me, which was a really good experience. Everyone on the team was so nice and were super welcoming, and I became really good friends with everyone almost right away," Feldman said. **3.** Getting ready to shoot, **Maya Galbreth** (11) surges into the air. "This year has been different because we had new coaches, so the team adjusted a little bit, but I think we also took it more seriously than last season and it shows in our record," Galbreth said. **4.** Captain **Clara Feldman** (12) protects her team's goal as the two meter defender, also called Hole-D, which is the main and center defensive position," Feldman said.



cheer **UP**

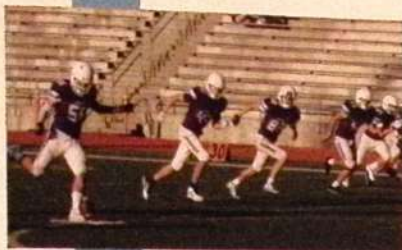
"At our first game at Justin Siena High in Napa, we did our dance to 'Glorious' and 'Sunflower,' songs I really like. That game was a memorable moment."

- **Kayla Wong** (11)



The Equalizers

Tying their game
against Encinal



"I was on the JV football team until week eight when I got called up to Varsity. I was very thankful for that opportunity but it was just a great season overall. Off the field my parents and family were a huge part in this journey of football. It was a great season with the people I play with."

Andrew Dorman (10)



"From the first game [against Menlo] I started off with 50 yards and I was doing really bad on offense, and then as the season progressed I got a lot better at offense. After the [Encinal] game I went to the hospital. I bruised two of my ribs in the back, but I ended up playing the entire game, so I was really happy with myself and the team because we came back and it was a thrill."

Nico DeFazio (10)



"Football has helped me get to know the older students better and make new friends. I've gotten to know a lot more about football, and have physically gotten stronger. I want to get better and sharper at the game, so we can win more next year. We were really satisfied, we put in all the effort we could. We got what we wanted and couldn't ask for more."

Jack Nelson (9)

Spiking UP a Storm

The Varsity Volleyball loses to Northgate 3-1

1. At the first home game versus Northgate High School, team captain **Jace Porter (12)** hits the ball over the net while **Kate Goldberg** and **Julia Prager (12)** take their defensive positions.

2. In the first set, **Daniela Skov (12)** spikes the ball through the opposing blocker's hands. "Our first game of the season was definitely a bit challenging as it was our first time we played together as a team. However, it taught us a lot about what we needed to work on and we were eager to get back to practice," Skov said.

3. Serving in the second set of the game, **Colby Francis (12)** gains back a point for Piedmont. "There are a lot of young players on the team, which is good for volleyball in the next couple of years," Francis said.



Varsity's 5 Pump UP Songs

- 1) Bring Em Out - T.I.
- 2) Paramedic! - SOB x RBE
- 3) Left, Right - YG, Mustard
- 4) Money In The Grave - Drake, Rick Ross
- 5) The Motto - Drake, Lil Wayne

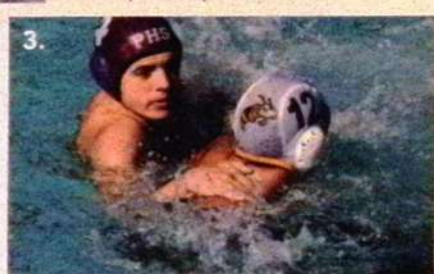
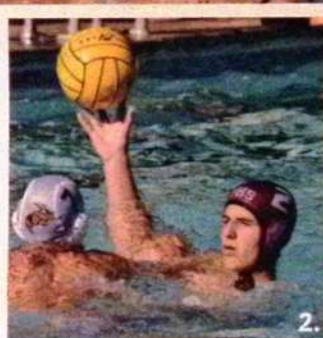
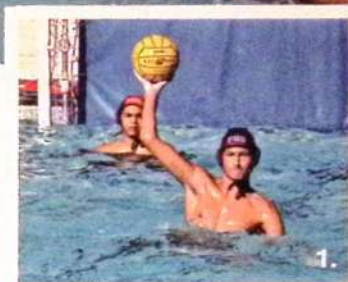


HIGHLANDERS FACE THE HIVE



On Sept. 17, the Varsity Boys Water Polo Team lost a home conference game against Alameda, 8-7. **1.** After receiving the ball, **Max Wagner (11)** prepares to pass to an open team member. "We rallied after the loss and used it as fuel for our games to come. I'm proud of how we were able to come together as a team and recognize our flaws," Wagner said. **2.** Preparing to score, **Jack Dunlap (11)** tries to weave around his defender.

3. Releasing from his defender, **Harrison Miller (11)** attempts to get open to receive a pass. "Even though we didn't win, the game was a good learning experience for the program and showed us what we needed to do to move forward in the season. The smaller things helped us come together as a team," Miller said. **4.** Freshman goalie, **Darius Kashani (9)** reaches to block a shot out of the goal. The Highlanders lost their next match against Acalanes, but bounced back with a 8-1 win over Ripon on Sept. 20.



X-ing the Finish Line



Maggie Black and Sophia Zalewski (12)



Adri McAuliffe (11)

On Sept. 7th, in her second year on the Girls Cross Country Team McAuliffe runs the two mile course along with her team at the Viking Invitational Meet. "My goal was to improve my PR [personal record] and to place in the top 15. I got 12 or 13th," McAuliffe said.



Julia Caputo (9)

Placing 7th at the Viking Invitational, Julia Caputo beat her PR running the two mile race. "I was in top five for frosh/soph and I knocked 20 or 30 seconds off my time. I like the discipline and the team community,"

American Academy of Pediatric Dentistry (AAPD)



...the use of lasers as
...was the beginning of the
...warming up."

Ellie Black (10)

Photos: Volleyball: Devan O'Shaughnessy, D. Kariv, Water Polo: D. O'Shaughnessy;
Cross-Country: Stava Zirkelbach; JV Football: Sally Post
Pagework: D. Kariv, K. Kim, C. Ewing, S. Post, O. Sanborn, A. Cain, C. Hubbell

"Winning NCS as a senior felt so rewarding because it was my last year. This was a great end to my high school tennis career. Last year my partner and I, Audrey Edel, placed either second or third at NCS and the teams were really good. This year Emily and I knew that we had to play hard. Once we won, it was so exhilarating because our hard work paid off."

Audrey Call (12)

"The competition was pretty high as some of the teams put their top singles players into doubles. I had a partner to back me up and it was super special that it was Audrey because we've been best friends since seventh grade, and didn't get to play doubles with each other since sophomore year. It was the best way to end off my final tennis season and bring it back to when Audrey and I got to play together."

Emily Becker (12)

"This year in NCS was more challenging, and tested our strength as a team. Being the only junior on the team is really unique. There is a lot of pressure on me especially because next year I will be the only captain and senior on the team."

Audrey Edel (11)

"I played a girl from Lick Wilmerding, and she was number four. NCS last year was much less stressful because we had a guaranteed win. This year we really had to work for a spot in the finals. Being a senior player was super emotional. I cried so many times thinking about how it was my last season and how much I would miss my team. I made so many amazing friends from tennis that I wouldn't have made otherwise."

Hannah Ferguson (12)



Audrey Call (12) and her teammates



Audrey Edel (11)



Maddie Young, Austen Elvekrog, Hannah Ferguson, and Lily Orta (12)

We are the Champions: Call and Becker claim Doubles title



Garren (11) and Lincoln (11)

Lost in the Sea of Green

JV Football Captains: Lucas Bernales, Evan McConathy, Andrew Dorman

Pregame: Listening to pregame music to get hyped

Season highlight: Getting our first win at home

Team food: Pizza after every away game

Motto: "That's all we got, that's all we need."

Most hype: Sumson Bhatti (9)



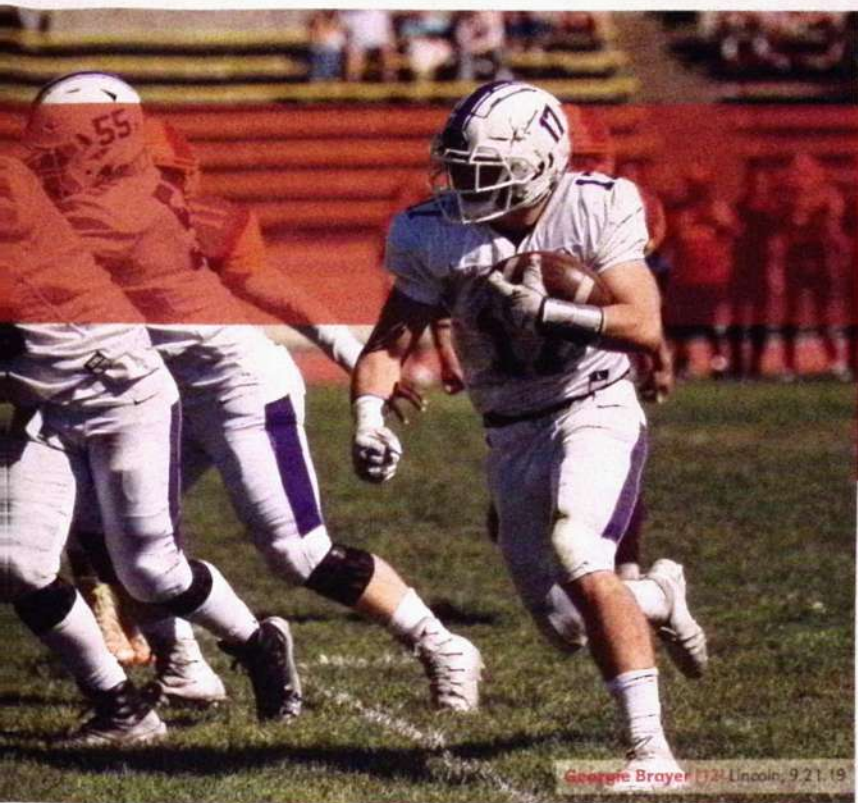
Liam Campbell (10) Castro Valley, 11.1.19



Adhi Bernstein (10) Castro Valley, 11.1.19



Jeremy Hernandez (10) Castro Valley, 11.1.19



George Brayer (7) Lincoln, 9.21.19

Touchdown Takeover

Captains: Patrick Selna, Georgie Brayer, Tommy McNeil

Pregame: Team dinner before Thursday game

Season highlight: Beating Lincoln High School

Memorable Moment: Lars (Derr) going crazy. And the whole season!

Team food: Greg's mom's brownies and Imperial Soup

Team Song: "Bad and Boujee x Super Freak"

Motto: "Have a plan."

Best Player: Sam Christensen

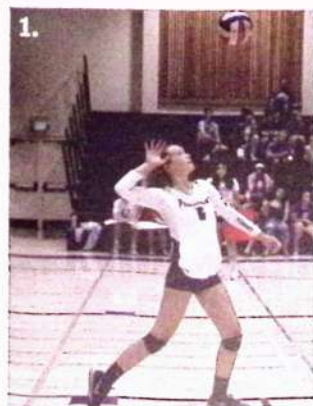
Most likely to forget their shoes: David Kisieu



Patrick Selna (12) Lincoln, 11.17.19



Castro Valley



So Long Seniors

In their final home game on Oct. 24, Varsity Volleyball played on Senior Night against Castro Valley. 1. Serving in the third set of the game, Kato Goldberg (12) hits the ball over the net, leading to a long play ending in a point for Piedmont. 2. After the crushing 3-2 loss to Castro Valley High School in the Binks Gym, Dani Skov (12) hugs Molly Harrison (9), thanking her for the purple roses. 3. Blocking Castro Valley's spike in the fourth set, Julia Prager and Mara Liang-Jones (12) jump in unison to reach the ball. 4. 14 seconds before the end of their last huddle, the team meets in the center for a final cheer.

"Playing a home game is always special because you get to play in front of a crowd, and that brings extra energy to the team. The best parts of playing this season was getting to spend everyday with my brothers and becoming a better team overall. Being the quarterback is awesome but it's a lot of responsibility, and I wouldn't have been able to do it without our fantastic offensive line."

Cal Barna (11)



"We were all very excited about our Homecoming game and being able to play in front of friends, family, and alumni. We started off the game shaky but then we were able to catch a little spark going into the second half. The game didn't end with the score we wanted it to be, but overall we put everything we had out on the field."

Tommy McNeil (11)



"I play Center/D line/Long Snapper. The hardest part about my position is being responsible for getting the ball to the quarterback every single play. If I mess up, it ruins the entire play. The best part is being one of the leaders of the offensive line and having a strong connection to my quarterback. I also enjoy hitting and tackling when on defense."

Trevor Thayer (11)



"The season high point or highlight was pulling off the win against Lincoln. The best player on our team is Sam Christensen. Our team motto or quote is to have a plan. And the most memorable moment is the whole season."

Mason Kimball (10)



In the End Zone

Varsity Football vs Encinal 10.25.19

Hands Up! Splash Down!

JV Girls Water Polo Captains: Claire Lichty, Yanela Roberts, Fernanda Meagher
Pregame: Pep talks, pre-game cheer, and singing "Rednose"

Season highlight: Beating O'Dowd
Team food: Welch fruit snacks and goldfish

Motto: "Shoot low."

Most positive: Claire Lichty
Most likely to forget her suit: Elizabeth Ethington

Fastest Swimmer: Yanela Roberts



Elizabeth Ethington (10) 9.17.19



Yanela Roberts (10) 9.17.19



9.17.19



Fernanda Meagher (10) 9.17.19

FIRST IS THE WORST, SECOND IS THE BEST



On Nov. 9, Boys Varsity Cross Country competed in the WACC Division IV League Championship race at the three mile Hayward High School course. With 75 points, the team tied for 2nd place with Bishop O'Dowd out of 11 teams. **1.** On the first lap around the grass field, captain **Collin Mortimer** (11) settles into his average pace of 5:26 per mile. Mortimer finished in 5th place overall with a time of 16:19. **2.** Cresting the hill on the second lap, **Seamus Chamberlain-Carr** (10) prepares to sprint back down to begin his third lap. Chamberlain-Carr placed 25th with a time of 17:00. **3.** Crossing the finish line, **Alex Weekes** (11) finishes in 10th place with a time of 16:31. **4.** Captain **Max Podell** warms at the start line before the race. Podell ultimately finished in 26th place with a time of 17:03. As the 6th runner to cross the finish line for Piedmont, Podell finished ahead of one scoring runner from O'Dowd, resulting in a tie between the schools. Because Podell finished ahead of O'Dowd's #6 runner, Piedmont received the edge, and was awarded the second place finish. Due to an error from the timing company, it appeared that O'Dowd originally tied with Berkeley for first place, until Coach Alexis Glavin recalculated the scores, identifying the error. O'Dowd had to then return their league champion banner.



Going for Glory

Girls Cross-Country Captains:

Sophia Zalewski, Maggie Black

Pregame: Singing Mulan and Taylor Swift

Season highlight: Winning Mt. Sac

Team food: chocolate milk

Motto: "First mile with your feet, second mile with your head, third mile with your heart, and finish with your soul."

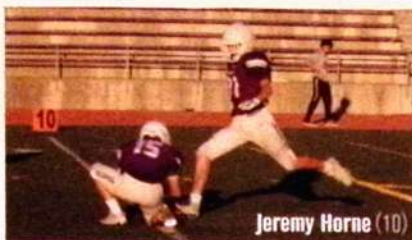
Most positive: Molly McWeeny

Most likely to go on a 20 miles run: Mara Lovric

Most prepared: Maggie Black



On an extra point, **Jeremy Horne (10)** kicks straight through the middle of the goal post, extending the JV Football team's lead to 40-0 over the Berkeley Yellowjackets on Oct. 25. The touchdown came after a series of plays on an extended drive.



Jeremy Horne (10)

After a touchdown makes the score 33-0, **Bailey Cain (9)** and the rest of the defense line up for the kick off. The Yellowjackets began their drive on the 20 yard line, but did not progress beyond that. With a three and out, the the Highlanders continued to dominate the game.



Bailey Cain (9)

On a third down snap, **Jack Nelson (9)** positions himself for a tackle. The resulting fourth down required the Yellowjackets to punt.



Jack Nelson (9)

At the line, **Lucas Bernales (10)** looks over his shoulder at quarterback Adhi Bornstein as the fourth quarter winds down. The Highlanders scored once more in the final minutes, and finished the game with a 47-0 win.



Lucas Bernales (10)

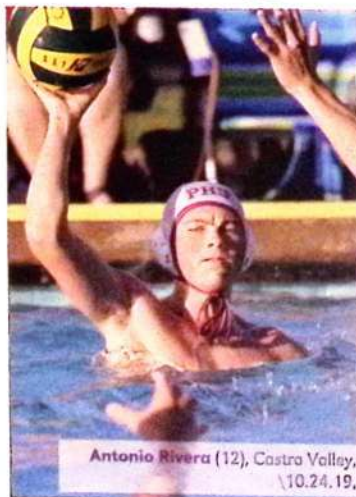
Buzzing by the Yellowjackets



Julie Prager (12) Berkeley, 10.15.19

Feeling DANGEROUS

Varsity Boys Water Polo
Captains: Evan Eldridge, Spencer Stein
Pregame: Around Town
Team food: Rigatoni
Team Song: "Where the Hood at"
Season Highlight: Winning a tournament in OT
Team Quote/Motto: "Feeling Dangerous."



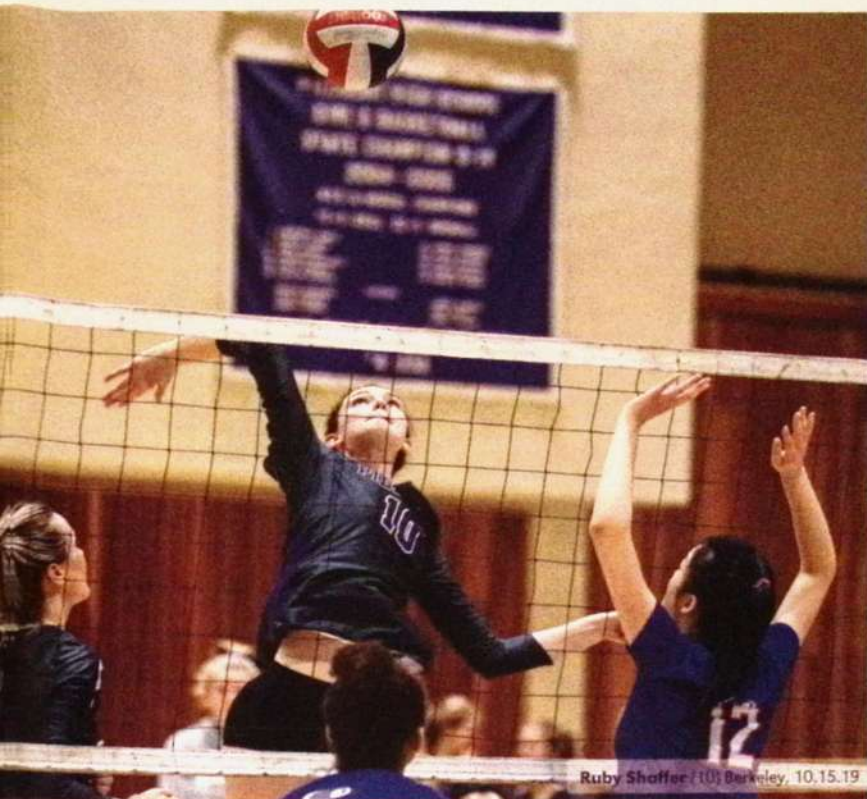
Antonio Rivera (12), Castro Valley, 10.24.19.



Tag Walter (12), Berkeley, 10.2.19.



Evan Eldridge (12) and Shane Miller (10), Berkeley, 10.2.19.



Ruby Shaffer (10) Berkeley, 10.15.19

Spike DOWN!

Girls Varsity Volleyball Captains: Colby Francis and Jace Porter

Pregame: Huddle with feet in the middle, then Colby taps the top of our feet and Jace taps her foot back.

Season highlight: Senior Night

Team food: Pumpkin Bagels

Team Song: "Bring 'em Out"

Memorable Moment: performing in the Homecoming Rally

Motto: "Work Hard."

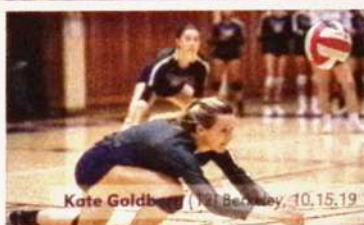
Most likely to brighten your day: Molly Harrison

Best Tik-Tok Dancer: Kate Goldberg

Most likely to forget her shoes: Orly Sanborn



Molly Harrison (9) Berkeley, 10.15.19



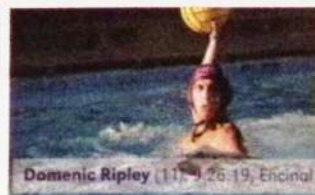
Kate Goldberg (12) Berkeley, 10.15.19



Rayden Holmes (8) 10.26.19, Encinal



Brady Hirsch (9), 10.12.19, League Tournament



Domenic Ripley (11) 10.26.19, Encinal



Team, League Tournament, 10.12.19

Soaking it UP

JV Boys Water Polo Captains: Murray Davis, Atticus Lim **Pregame:** Team cheer

Season highlight: Winning the first game of the season **Team food:** Protein Bars **Season High Point:** Winning

JV League **Most memorable moment:** When Coach Jerry gave a motivational speech at Piedmont practice.

Motto: "Go, Piedmont!" **Player standouts:** Antonio Rivera, Shane Miller, Griffin Stein, Domenic Ripley

COACH: John Savage
CAPTAINS: Murray
Davis, Atticus Lim
RECORD: W-14
L-3



Top Row: Jojo Murphy (10), Brady Hirsch (9), Will Davies (10), Soren Dixon (9), Griffin Stein (9)
Bottom Row: Murray Davis (10), Julian Schorman (11), Grant Fisher (11), Domenic Ripley (11), Brayden Day (9), Raydon Holmes (10), Atticus Leo (10).

Season Not Available

JV BOYS WATER POLO

COACH: Sarah
Mooney, Hannah Mooney,
Maddie Mills
CAPTAINS: Claire
Lichty, Yanela Roberts,
Fernanda Meagher
RECORD: W-8
L-4



Top Row: Aerie Cain (9), Claire Lichty (11), Macie Gard (9), Odessa Dando (9), Molly Ashton (9), Fernanda Meagher (10), Caroline Ramsdell (10), Yanela Roberts (11)
Bottom Row: Elizabeth Elthington (10)

Season Not Available

JV GIRLS WATER POLO

COACH: Howard
Oliver
CAPTAINS: Emily
Adams, Maddie Schaefer
RECORD: W-5
L-9



Top Row: Eleanor Hoppman (11), Charlotte Hubble (11), Ava Caldwell (12), Abby Drake (10), Maddy Schaefer (11), Madeleine Meaux (11), Emily Adams (11), Annika Nielsen (11), Aiysha Moore (11), Anyana Fisher (9), Krysta Toukaha (9)
Bottom Row: Caroline Westbrook (12), Elizabeth Westbrook (9), Payton Morell (11)

GIRLS GOLF

Berkeley 1 W
Alameda 5 L

Alameda 2 L
Mt. Eden 6 L

Arroyo 1 L
Bishop O'Dowd 7 L

Mt. Eden 1 W
Castro Valley 1 L

Bishop O'Dowd 3 L
Berkeley 8 W

Castro Valley 4 L
San Leandro 1 W



COACH:
Jerome Johnson
CAPTAINS: Patrick
Selma, George Brayer,
Tommy McNeil
RECORD: W-3
L-7

VAR FOOTBALL

Top Row: Joe Hampeck (11), Jet Morley (11), Andras Melan (11), Billy McNeil (12), Trevor Thayer (10), Nathan Burge (11), Patch Selma (12), Tommy Striegel (11), Garren Riley (11), Jordan Bowers (11), Mason Kimball (11). **Middle Row:** Jake Marling (11), Sam Christensen (12), JD Harris (11), Jack Youkstellier (11), George Brayer (12), Tommy McNeil (11), Lars Dier (11), Zach Evans (11), Nate Gussler (11), Gus Marcus (12), Brian Cain (11). **Bottom Row:** Evan Cheung (12), Alex Hillan (11), Ben Marshburn (11), Paul Peppers (12), Ethan Feldstein (10), Seamus Magher (11), Ricky Allen-Gold (11), David Kileu (12), Cal Barua (11), Greg Gately (11), Daniel Kratzer (12)

Justin-Siena 35-9 L
Encinal 26-0 L

Rodriguez 14-12 W
Bishop O'David 53-0 L

Menlo 31-6 W
Berkeley 31-6 L

Salesian College Prep 55-21 L
Castro Valley 31-28 L

Lincoln 17-14 W

San Leandro 59-34 L



COACH:
Tom Casassa
CAPTAINS:
Lucas Bernales, Evan
McDonathy
RECORD: W-2
L-7 T-1

JV FOOTBALL

Top Row: Wyatt Ewing (9), Bailey Cain (9), Will Sprague (10), Evan McDonathy (10), Andrew Dorman (10), Oliver Nordenfelt (10), Harry Leader (10), Theo Evans (9), Matteo Costa-Claudio (9). **Bottom Row:** Nico Defazio (10), Adhi Bornstein (10), Lucas Bernales (10), Matthew Lee (9), Jack Nelson (9), Liam Campbell (9), JJ King, Bautista Costa-Claudio (9)

Justin-Siena 14-8 L
Encinal 22-22 T

Rodriguez 36-0 L
Bishop O'David 21-13 L

Menlo 22-0 L
Berkeley 47-0 W

Salesian College Prep 41-12 W
Castro Valley 24-12 L

Lincoln 35-18 L

San Leandro 39-0 L

Fortnite or...

MINECRAFT?



Fortnite
Milo Filler (11)



Minecraft
Chloe Kibarian (9)



Minecraft
Diego Jerez (12)



Minecraft



Minecraft
Eleanor DeVan (10)



Minecraft
Cole Canine (12)

