

This 2025 season, the Piedmont High School Flag Football program grew tremendously. There are three PHS teams compared to two the previous year. The varsity team had many highlights, ending the season ranked fourth in the league. The girls of the program showed their hard work and commitment with both the wins and losses of the season. The JV and frosh teams also were successful in their seasons which has the coaches and players excited to see what the next season will have to offer.



Carmela DiLauro (11) gets ready to pull flags in order to stop the offense.



Sydney Latvala (9) gets ready to run her routes in order to be open and ready for the ball.



Edie Elmquist (10)

JUNIOR VARSITY

LEFT TO RIGHT, TOP TO BOTTOM: Coach Anne Marie Miguel, Madeline Booth, Kaylani Despanie, Kajsa Benson (11), Riley Wood (10), Ellie Olsen, Ruby Yasar (11), Coach Mark Cota, Camille Edesess (11), Zofi Tinkoff, Madeline Lee, Sophia Puckett, Isla McCardell (10), Chloe Cheang, and Kirstin Fedor (11).



CAPTAINS



Varsity Captains **Malia Williams, Dahlia Osman, Elspeth Grippando, and Kalyani Spieckerman (12).**



JV Captains **Kajsa Benson and Ellie Olson (11).**



Frosh Captains **Olivia Humphries and Avahnea Usison Mafi (9).**



1. Kajsa Benson (11) and Avahnea Usison Mafi (9) set up before a play.



2. Riley Wood, Sophia Puckett, Zofi Tinkoff, Isla McCardell, and Maddie Lee (10) excited for the season to come.



Elspeth Grippando



Lily Colbert



Stephanie Lee



Dahlia Osman



Kalyani Spieckerman



Malia Williams



The hardworking coaches of the flag football program.

Schedule:

DATE	TEAM
8.22.25	Terra Linda
8.26.25	Head-Royce
8.28.25	San Leandro
8.30.25	Highlander Tournament
9.2.25	Berean Christian
9.4.25	Hayward
9.9.25	Urban
9.11.25	Lick-Wilmerding
9.18.25	Oakland Tech
09.23.25	Alameda
09.25.25	Berkeley
09.30.25	Encinal
10.02.25	Castro Valley
10.07.25	Bishop O'Dowd
10.09.25	Alameda
10.13.25	Encinal
10.15.25	Berkeley
10.22.25	Castro Valley
10.24.25	Bishop O'Dowd

4. Cea'naiya Alexander (11) stays locked in between plays.

5. Kate Tong (11) and Malia Williams (12) celebrate a touchdown made against the Panthers defense.

6. Dahlia Osman (12) intercepts and sprints for the end zone.

FROSH

This year's incoming freshman made an amazing team, ending the season with a 4-8 record leaving everyone excited for the future.



Samantha Schey (9) holds the ball tight as she sprints down the field.

VARSITY



1. Brynne Jones (11) reaches for an opponent's flag.

2. The varsity team lines up for the national anthem before the game against San Leandro.

3. Agatha Filha Gama (11) runs with the ball aiming for a touchdown.



1.



2.



4.



5.



6.



LEFT TO RIGHT, TOP TO BOTTOM: Coach Hayley Adams, Mia Chase, Emiko Donatiello, Amelie Wang, Rosemary Dickinson, Olivia Nealon, Sophie Essner, Olivia Kan-Miller, Juliette Edesess, Coach Lauren, Makenna Small, Zayda Webber, Samantha Schey, Lauren Levy, Eliza Hupp, Penelope Hopper, and Olivia Humphries (9).



Olivia Kan-Miller (9) kicks the ball for a 35 yard punt.

The PHS Football team had a memorable football season, finishing with an 8-5 record and making a historic playoff run. They were led by captains **Bill Ashton, Adrian Kondakov, and Dash Waters Worthen (12)**, with a fourth captain rotating weekly. Their success culminated in the Highlanders first NCS Championship appearance since 1976, marking a major milestone for the program and an unforgettable season for players, coaches, and the Piedmont community.



Jack Meyjes (12) with a one handed catch for a touchdown.



Max Fujimoto (10) makes the tackle.

JUNIOR VARSITY

The JV Football Team had some ups and downs but ended up bouncing back near the end of the season, starting 1-5 and finishing 5-5. The captains were **Jonah Cha-Foster (10), Gus Leonard (11), Kay Zuberi, and Mason Gray(9)**. The team was able to win big games late in the season and set a good foundation for years to come.



Adrian Kondakov and Bill Ashton (12)



CAPTAINS



Varsity Captains **Dash Waters Worthen, Bill Ashton, Adrian Kondakov, and Xavier Henderson (12)**



Jared Lavaka (9)



Kay Zuberi and Max Watson (9)



JV players making a group tackle.

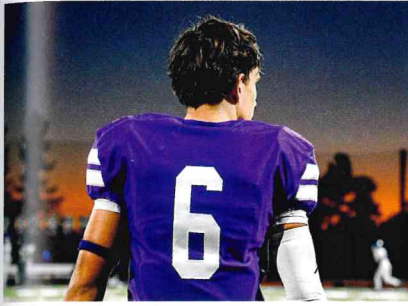


Fisher Veltri, Cash Panico, Dash Waters Worthen, Xavier Henderson, Jason Shum, Jack Meyjes, Adrian Kondakov, Bill Ashton, and Will Richardson.



Xavier Henderson (12) hurdling a defender makes a break away for a touchdown.

VARSITY



Henry Brennan (11)

Schedule:

DATE	TEAM
8.30.25	Salesian
9.5.25	Middletown
9.12.25	Berean Christian
9.19.25	Aragon
9.26.25	Arroyo
10.10.25	Hayward
10.17.25	Irvington
10.24.25	Washington
10.31.25	Kennedy
11.7.25	Newark Memorial
11.14.25	St.Patrick-St.Vincent*
11.21.25	Willits*
11.28.25	Middletown* NCS*



1. Fisher Veltri (12) in warm up lines, getting ready for the game.

2. Mateo Long (10) takes advantage of an under thrown ball and makes an interception.

3. Cash Panico (12) lining against the defender, ready to score a touchdown.



4. Owen Curran and Matias Seelenberger (11) enjoy a break on the sideline.

5. Jimmy Lagios (10) stiff arms the defender for the extra yards, getting the first down.



Rehan Mumtaz (11)



The PHS offensive line displacing defenders and creating gaps for running backs.



Jason Shum (12)



BEACH VOLLEYBALL

Paige Rampton (9), Hazel Schaeffer (9), Carina Vora (9), Alexandra Dev (9), Savannah Sears (9), Carly Kemp-Malone (10), Fiona Olsen (11), Daisy Tran (11), Olivia Stevens (10), Mia Bechtel (10).

Not Pictured:

Sofia Meyer (10), Lucia Dorsey (10), Phoebe Hess (9)



JV FLAG FOOTBALL

Madeline Booth (11), Kaylani Despanie (11), Kajsa Benson (11), Riley Wood (10), Ellie Olsen (11), Ruby Yasar (11), Camille Edesess (11), Zofi Tinkoff (10), Maddie Lee (10), Sophia Puckett (10), Isla McCardell (10), Chloe Cheang (11), Kirstin Fedor (11)



VARSITY GIRLS WATER POLO

Mara Pisani (10), Zoe Waitkus (12), Havia Leonard (9), Brooke Patchen (12), Celeste Dickason (12), Vivian Burke (12), Sydney Olson (12), Abigail Jacoby (12), Rachel Young (12), Esme Krumins (11), Rachel Luskin (11)



VARSITY FLAG FOOTBALL

Cea'naiya Alexander (11), Anjali Bowers (11), Kate Tong (11), Kalyani Spieckerman (12), Malia Williams (12), Stephanie Lee (12), Brynne Jones (11), Beatrice Nackley (11), Carmela DiLauro (11), Jo Palsa (11), Lily Colbert (12), Elspeth Grippando (12), Dahlia Osman (12), Edie Elmquist (10), Cory Minor (10), Agatha Filha Gama (11)



FROSH FLAG FOOTBALL

Mia Chase (9), Makenna Small (9), Samantha Schey (9), Rosemary Dickinson (9), Olivia Nealon (9), Emiko Donatiello (9), Olivia Kan-Miller (9), Penelope Hopper (9), Olivia Humphries (9), Juliette Edesess (9), Zayda Weber (9), Amelie Wang (9), Eliza Hupp (9), Lauren Levy (9), Sophie Essner (9).
Not Pictured: Lilly Curran (9)



VARSITY BOYS WATER POLO

Ben Kappes (9), Zach Dupree (12), Ellis Kriekhaus (12), Nick Riordan (12), Henry Stein (10), Walker Wilson (9), Raffaello Banin (11), Luke McAuliffe (12), Colin Amen (11), Rylan Patty (10), Bryan Heafey (12)



JV BOYS WATER POLO

Rory Hull (9), Alexander Wolff (10), Chase Mellers (9), Dylan Jerez (9), August Collins (9), Oliver Hurwitz (9), Henry Van Den Bos (9), Jude Franco (9), Leo Maltz (9), Graham Smith (9), Ethan Wang (10), Dev Nabizadeh (11), Walker Wilson (9), Benjamin Gitter (9)

Not Pictured: Jack Dahling (9)



JV GIRLS BASKETBALL

Elly Mak (9), Cea'naiya Alexander (11), Avahnea Usison Mafi (9), Olivia Humphries (9), Elizabeth Ackerman (9), Shyla Ranga (9), Kaylani Despanie (11), Zayda Weber (9)



JV BOYS BASKETBALL

Drew DeVries (10), Jack Miller (10), Gianluca Richmond (11), Kieran Thompson (11), Lucas Ironside (10), Madden Yeung (11), Michael Martin (12), Quentin Dinneen (9), Luca Ceccarelli (9), Nicholas Tam (10).
Not Pictured: Miles Lee (11), Ovie Ojo (10)



VARSITY GIRLS BASKETBALL

Jaden Jones (10), Jenelle Solis (10), Nia Jackson (11), Savannah Dennig (10), Taylor White (11), Alexa Ba (Saniyah Johnson (12), Andrea Martin (10), Nicole Li



VARSITY BOYS BASKETBALL

Will Hinman (11), Nick Riordan (12), Patrick Brayer Yoseph Baskin (10), Beach Lorin (11), Oliver Dougan Cash Panico (12), Johnny Lee (12), Lucian Fang-Ring Dillon Casey (12), Ruben Cohen (11), Akash Bornstein (12), Asher Villarreal (12).



FROSH BOYS BASKETBALL

Dylan Jerez (9), Henry Van Den Bos (9), Benjamin Sorenson (9), Ozem Fitzgerald (9), Kiran Spieckerman Aidan Stewart (9), Danilo Titterton (9), Jai Ramakrishnan (9), Justus Schreiber (9), Lev Kuluva Amit Bornstein (9), Gael Fierro (9), Theodore Lee (9), Benjamin McMurtry (9)



Varsity Girls Lacrosse

Leanne Nackley (11), Parmis Karbassi (11), Elliott
p (11), Bailey Gentemann (11), Kate Tong (11),
King (11), Peyton Watson (12), Hallie Burden (12),
Schulze (10), Sydney Latvala (9), Sophia Puckett
nley Veltri (10), Xia Snyder (11), Cory Minor (10),
a Segal (12), Dahlia Osman (12),
n Sanford (12),



JV Girls Lacrosse

Riley Wood (10), Kinnon Steinberg (11), Parker Collins (11),
Lauren Udovch (10), Calder Hondorp (9), Elizabeth Ackerman
(9), Emilia Angulo Sardi (9), Devon Porter (9), Carmen Botero
(11), Lily Izakson (11), Mia Chase (9), Olivia Kan-Miller (9),
Olivia Nealon (9), Leonor Santander (9), Lucy Graham (9), Skye
Prata (11), Elliana Anderson (9), Lucy Shoop (10), Ellia Sharafi
(9), Theia Carrico (11), Clara Shum (11), Lily Horton (11), Eliza
Hupp (9), Alexandria Wilson (9), Ella Ruthven (9)



Varsity Lacrosse

Anthony-Horn (9), Bill Ashton (12), Patrick Brayer (12), Teddy Cordani (11), Owen Curran (11), Connor Fredericks (11), Ryan
12), Landon Heppner (11), Timmy Kalamas (12), Danny King (11), Mehrad Malekpour (11), Luke McAuliffe (12), Ian
12), Gianluca Richmond (11), Quentin Shafroth (12), Milo Stevenson (11), Jax Thayer (10), Lukas Toth (10), Fischer Veltri
on Bornstein (9), Amit Bornstein (9), Will Bridges (9), Andrei Duxbury (9), Lucian Fedor (9), Gael Fierro (9), Chase Knapp
icer Tsai (9), Max Watson (9), Ori Solomon (9) Not Pictured: Deniz Radzik (11), Zachary Dupree (12)



Swimming and Diving

Carnazzo (11), Anton Secor (10), Zayd Mahmood (10), Ryan Mak (9), Jeffrey Latronica (9), Connor Carnazzo (9),
ajid (10), Dimitri Secor (12), Nikita Costello (12), Rory Hull (9), Benjamin Kappes (9), Dean Kvorciak (10), Leo
) , Fred Leonard (9), Tolganai March-Cunningham (12), Sofia Vuori (9), Brooke Patchen (12), Zoe Waitkus (12),



JV Football

Ernest Hildreth (9), Jai Ramakrishnan (9), Ethan Block (10), Mateo Long (10), Jonah Cha-Foster (10), Kayode Zuberi (9),
Andrew Martin (10), Gael Fierro (9), Adam Triki (10), Kidus Yalew (10), Benjamin McMurtry (9), River Westphal (11),
Travers Kemp (9), Theodore Lee (9), Cyrus Emanuelson (9), Noah Hildebrand (10), William Bridges (9), Aidan Shartsis (9),
Mason Gray (9), Giovanni Lopez Rodriguez (9), Demetri Adams (9), Lev Kuluva (9), Max Watson (9), Omar Sanchez (9),
Gus Leonard (11), Cassidy Carter (10), Ozem Fitzgerald (9), Bryan Prado (9), Amit Bornstein (9)



Varsity Football

Adrian Kondakov (12), Joaquin Fierro (10), Chase Knapp (10), Jax Thayer (10), Bill Ashton (12), Jared Lavaka (9),
Massimo Mittone (10), Alex Lee (10), Heivaha Mafi (10), Owen Curran (11), Rehan Mumtaz (11), Xavier Henderson (12),
Jack Meyjes (12), Cash Panico (12), Eli Hauser (12), John Bunje (10), Fischer Veltri (12), Matias Seelenberger (11), Colby
Hong (11), Dash Waters Worthen (12), Diego Hurwitz (11), Jason Shum (12), Jimmy Lagios (10), Jed Gilbert (11), Henry
Brennan (11), Will Richardson (12), George Saunders (10), Max Fujimoto (10)



Cross Country

Quincy Antaya (12), Skylar Best (12), Livi Britt (11), Cora Brozowski Schrader (11), Cora Chun (11), Kelsey Coleman (9), Madeleine
Ewen (9), Nikita Gorelik (10), Amalia Gray (11), Beatrice Hatch (10), Camille Hauser (9), Gladwin Horsley (11), Mara Kemp-Malone
(12), Sophia Li (9), Leighton Mand (11), Viviane Oesterer (10), Zoe Snyder (11), Annie Thornton (11), Yen Vo (9), Moning Wang (9),
Alexandria Wilson (9) Colin Rakonvi (9) Aaron Bennett (10) William Blaharski (9) Raphael Cantano (9) Ian Chung (10) Trenton